

Sunday

Monday

Tuesday

# Wednesday

Thursday

Friday

Saturday



# January 2026



## Personal Care – Creating Memories

Independent Activities Available in Game Room	4	10:15 AM Fitness Class & Daily Chronicle 10:45 AM Coffee Break & Trivia 2:15 PM Creative Art & Craft 3:30 PM Happy Hour Wine, Beer & Soda	5	10:15 AM Fitness Class with Sit to Stand Exercise & Daily Chronicle 11:00 AM Word Builder 2:00 PM Dollar Tree Shopping 3:45 PM Flower Arranging Dining Room Vases Catholic Service date & time to be announced	6	10:15 AM Noodle Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Card Game Uno	7	National English Toffee Day 10:15 AM Fitness Class with Sit to Stand Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Card Game Uno	8	10:15 AM Fitness Class with Massage & Daily Chronicle 11:00 AM Bingo Game 2:00 PM Active Recreation Wii Bowling 3:00 PM Happy Hour Cocktail, Wine & Soda	9	Independent Activities Available in Game Room 10:30 AM Music with Michael Kropp Entertainer 1:15 PM Dice Game with Sarah	10
Independent Activities Available in Game Room	11	10:15 AM Fitness Class & Daily Chronicle 10:45 AM Hot Chocolate Break & Trivia 2:15 PM Creative Art & Craft Snowman 3:30 PM Happy Hour Wine, Beer & Soda	12	10:15 AM Fitness Class with Sit to Stand Exercise & Daily Chronicle 11:00 AM Word Builder 12:00 PM Old Coventry Pub Lunch Outing 2:15 PM Social Hour Game Racko 3:30 PM Activity Planning Meeting	13	10:15 AM Noodle Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Movie & Popcorn	14	10:15 AM Fitness Class With Sit to Stand Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Movie & Popcorn	15	10:15 AM Fitness Class with Massage & Daily Chronicle 11:00 AM Bingo Game 2:00 PM Active Recreation Golden Rum Cake 2:00 PM Directors Meeting 3:15 PM Tasting Social 4:45 PM Men Nite Dinner Italian Hoagies	16	Independent Activities Available in Game Room 10:00 AM Jigsaw Puzzle Weekend Activity Packet Daily Chronicle, Word Games, & Bingo	17
Independent Activities Available in Game Room	18	10:15 AM Fitness Class & Daily Chronicle 10:45 AM Coffee Break & Trivia 2:15 PM Creative Art & Craft Winter Painting 3:30 PM Happy Hour & Educational on Martin Luther King - Wine, Beer & Soda	19	10:15 AM Fitness Class with Sit to Stand Exercise & Daily Chronicle 11:00 AM Word Builder 1:45 PM Walmart Shopping 3:45 PM Social Hour Game Rummikub 7:00 PM Calvary Baptist Church Service	20	10:15 AM Noodle Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Ladies Teacup Social – Scones & Hot Tea	21	National Soup Month 10:15 AM Fitness Class With Sit to Stand Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Ladies Teacup Social – Scones & Hot Tea	22	10:15 AM Fitness Class with Massage & Daily Chronicle 11:00 AM Bingo Game 2:30PM In House Casino 3:45 PM Auction	23	Independent Activities Available in Game Room 10:00 AM Jigsaw Puzzle Library 1:15 PM Dice Game with Sarah	24
Independent Activities Available in Game Room	25	10:15 AM Fitness Class & Daily Chronicle 10:45 AM Hot Chocolate Break & Trivia 2:15 PM Creative Art & Craft 3:30 PM Happy Hour Wine, Beer & Soda	26	10:15 AM Fitness Class with Sit to Stand Exercise & Daily Chronicle 11:00 AM Word Builder 2:15 PM Active Recreation Pin Bowling 3:00 PM Social Hour Game Skip-Bo	27	10:15 AM Noodle Exercise & Daily Chronicle 11:00 AM Bingo Game 2:15 PM Devotions with Pastor Wayne 3:15 PM Movie & Popcorn	28	10:15 AM Fitness Class With Sit to Stand Exercise & Daily Chronicle 10:45 AM Culinary Club Oatmeal Chocolate Chip Cookies 2:15 PM Shut the Box Game 3:15 PM Tasting Social	29	10:15 AM Fitness Class with Massage & Daily Chronicle 11:00 AM Bingo Game 2:00 PM Active Recreation Volleyball 3:00 PM Happy Hour Cocktail, Wine & Soda	30	Independent Activities Available in Game Room 10:00 AM Jigsaw Puzzle Weekend Activity Packet Daily Chronicle, Word Games, & Bingo	31

## Australia Day (Observed)